UNIT 08. Mixed Feelings (Lesson1)

- Adjectives for feelings
- Verbs as feelings
- Discussion questions
- Review

1. Adjectives for feelings:

(1) Colours for feelings

- His face went red with anger.
- His face went red with embarrassment.
- He's blue these days.
- She's green with envy.

(2) Asking about feelings

Q: What makes you feel calm?

A: Listening to music and stretching makes me feel calm.

Q: When do you feel indifferent?

A: Sometimes I feel indifferent, especially for new movies coming out.

Q: What makes you feel nervous?

A: I feel nervous starting a completely new skill.

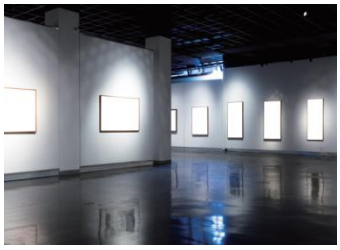
Q: When do you feel ecstatic?
A: I feel ecstatic when riding my bike at really high speeds.

2. Verbs for feelings:

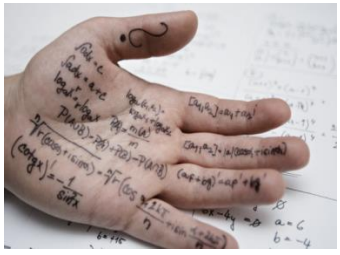
(1) Verbs as feelings

Verb	Feeling adjective	Opinion adjective
interest	interest**ed**	interest**ing**
bore	bor**ed**	bor**ing**
excite	excit**ed**	excit**ing**
stress	stress**ed**	*stress**ful**
bother	bother**ed**	*bother**some**

(2) Practice using verbs as feelings



Q: How do you feel about visiting a museum?
A: I'm usually interest**ed**, especially if it's historical paintings.



Q: How do you feel about taking a test?
A: I'm often worr**ied**. It donesn't matter if I studied a lot I still feel nervous about it.

Q: How do you feel about watching a movie?
A: I'm rarely thrill**ed**. A lot of movies have the same story so it doesn't surprise me anymore. Sometimes there's a really good one thought and it's a pleasant surprise.

Q: How do you feel about becoming a parent?

A: I'm never frighten**ed**. Becoming a good father is one of my life's goals.

3. Discussion questions:

1. Are you an emotional person?
   No I don't think I'm a sensitive person. When things go wrong I tend to keep a lid on my emotions.

2. Which emotions do pets show?
   I think pets show anger, contentment, fear, sadness and excitement. The cats and dogs I have had in my life have shown these emotions.

3. How do you express your positive or negative feelings?
   I express my positive feelings by smiling or laughing. With my negative feelings I am silent.
   I know some people who express their negative feelings by smiling or laughing, it's a little bit scary actually.