# Lesson 08. A Matter of Taste

▶ All about eating! Our favorite thing!

▶ Multiple choice quiz

## 1 Language points

1) dine out – eat out – go out to dinner

2) takeout - carryout - takeaway – to go – pick up – doggy bag – box

3) picky / finicky eater

4) foodie – connoisseur

5) to pig out – to wolf down – to scoff / scarf down

6) junk food – fast food – processed food

7) vegetarian – vegan

### ① dine out – eat out – go out to dinner

- be careful not to say "eat outside"
- this is at a restaurant

▶ I really don't feel like cooking tonight. Let's get dressed and go out to dinner!

▶ Larry wastes so much money eating out almost every night. He needs to learn to cook!

▶ The weather's perfect! I know a great place where we can have lunch al fresco.

### ② takeout - carryout - takeaway – to go – pick up – doggy bag – box

- cooked at a restaurant fresh, then taken to another place

▶ I prefer takeout to delivery so I don't have to tip a driver.

▶ Is this for here or to go?

▶ It's really good, but we're stuffed. Could you box this so we can take it home?

▶ Yes, I'd like to order two large pizzas for pick up please.

▶ Could we get a box for this?

▶ If I'm way too busy or too lazy to cook, I usually get carryout on the way home.

③ **picky / finicky eater**

- they are so difficult to eat with!

▶ As a kid I was so picky about veggies, but nowadays I'll eat just about anything.

▶ He's such a finicky eater. No matter what he orders, he'll pick out half of the meal and refuse to eat it.

④ **foodie – connoisseur**

- great to eat with!

▶ Jake is the biggest foodie I know. He's always up-to-date on the latest restaurant openings in the city.

▶ I'm not much of a beer connoisseur honestly. I'll just drink the cheap domestic stuff. I don't really care either way.

⑤ **to pig out – to wolf down – to scoff / scarf down**

- to eat a lot or to eat fast

▶ I was starving after the gym, so I wolfed down 4 pieces of pizza in 10 minutes.

▶ It was her birthday, so we decided to pig out on fried chicken and beer.

⑥ **junk food – fast food – processed food**

- unhealthy for you!
- all three slightly different

▶ Of course Alex gained 10kgs. He's been eating nothing but junk food lately.

▶ Convenient stores can be so frustrating. I just want a healthy snack, but all they have is processed junk.

▶ Fast food places in America are great because they all have drive-thrus.

⑦ **vegetarian – vegan**

- be aware of the difference when you are in the West or when you are hanging out with Westerners!
- vegan= no animal products, not even dairy!

▶ Even though I'm a vegetarian, once or twice a year I indulge in a burger.

▶ It's so hard for my vegan friend to live in Korea, but recently he has fallen in love with Buddhist restaurants.

## 2 Apply to the book

▶ **Pages 44-45 Dialogue and Comprehension**

Do you think you would enjoy doing her job? (food critic)

▶ **Sample answers**

Absolutely! I imagine I could completely *pig out* and get a *doggy bag* for what I don't finish, and it's paid for by whatever newspaper that I work for. Plus, with that much fine dining, you could really become a *connoisseur* and truly appreciate a chef's masterpieces.

▶ **Pages 44-45 Dialogue and Comprehension**

What is your favorite restaurant and why do you like it?

▶ **Sample answers**

There's an Indian place that a *foodie* friend of mine recommended and my wife and I love it. She's usually *finicky* when it comes to foreign food, but at this place, she *wolfs down* everything. The menu is really diverse so it's a great place to take a *vegetarian* or *vegan* friend as well.

▶ **Page 48, Consumption Trends**

How would you explain and solve the recent trend of Korean children and teenagers getting fatter and fatter these days?

▶ **Sample answers**

First of all, kids are bombarded every day with advertisements for *fast food* and other *junk food* everywhere. Also, when they want a snack, all that's available to them in convenient stores is *processed foods* with loads of sugar, salt, and preservatives.

▶ **Page 49, Discussion**

Do you think you have healthy or unhealthy eating habits? Why?

▶ **Sample answers**

I am guilty of *dining out* and getting *takeout* too much. Maybe I should be a bit *pickier* about what I eat since I've been gaining weight. Cooking at home or at least making a healthy salad is just so time-consuming, so I always end up *picking* something *up*. When I'm really lazy and I don't want to leave the house, I just *get* something *delivered*.

## 3 Review quiz

#1.

My brother was such a _____ when he was young, but he loved _____. Now he has unhealthy eating habits and gets _____ four nights a week.

A. vegetarian B. takeaway C. processed food D. fast food E. foodie
F. finicky eater G. pig out

F, D, B

#2.

Lisa is a true _____. She's _____ at the coolest new restaurants and is even a good _____ of fine wines.

A. picky eater B. eating out C. foodie D. scoffs down E. connoisseur
F. getting takeout G. junk food

C, B, E

#3.

It's okay to be a _____ in Korea, but hard if you don't live in Seoul or if you're a _____. Korean food is an acquired taste for Westerners, so you can't be _____ if you want to survive.

A. dine out B. vegan C. finicky eater D. takeout E. vegetarian F. picky

E, B, F