The Official Cambridge Guide to IELTS

Speaking

학습목표

- **Practice Test 5 – Part 3**
  - Part 3 – **Food and society**

Part 3 – Restaurants

- Why do people go to restaurants when they want to celebrate important occasions?
- Do you think that food prepared at home is always better than in restaurants?
- Which are more popular in your country: fast food restaurants or traditional restaurants? [Why?]

Part 3 – Food and society

- Do you think that people eat healthier food than they did in the past? [Why? / Why not?]
- How important do you think it is for families to eat meals together?
- What effects has modern technology had on the food we eat?

Part 3 – Food and society

- **What to think about**

- **Tense?**

Part 3 – Food and society

- **Do you think that people eat healthier food than they did in the past? [Why? / Why not?]**

Part 3 – Food and society

- **What to think about**

- **Tense?**
- **Understanding the questions?**

Part 3 – Food and society

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Part 3 – Food and society

- **What to think about**

- **Tense?**
- **Understanding the questions?**
- **Ideas & structure?**

Part 3 – Food and society

- **Do you think that people eat healthier food than they did in the past? [Why? / Why not?]**

Yes **No**

Part 3 – Food and society

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Part 3 – Food and society

- **What to think about**

- **Tense?**
- **Understanding the questions?**
- **Ideas & structure?**
- **How to start?**

Part 3 – Food and society

- **Do you think that people eat healthier food than they did in the past? [Why? / Why not?]**

→ **Well, my answer would be 'yes' and 'no'. I mean, thinking about how much more information has become available, we are now more aware of balanced nutrition, healthier process for growing food, and so on. So, compared to the past when we had little knowledge of them, we have better access to information helping ourselves eat healthier food in healthier ways. However, thinking about our life-style, we are more exposed to unhealthy food than before. More various fast food restaurants from more diverse countries have been introduced to our food industry letting us have them more easily. Also, the busier life-style we are having recently has contributed to more consumption of fast-food, I believe. So, ironically, I think we have changes in both ways.**

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- have little knowledge(셀 수 없는 명사): 거의 지식(명사)이 없다
- have access to 명사: 명사에 접근 가능하다
- be exposed to 명사: 명사에 노출되어있다
- contribute to 명사: 명사에 기여하다
- consumption : 소비
- ironically: 역설적으로

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Part 3 – Food and society

- How important do you think it is for families to eat meals together?

Part 3 – Food and society

- **What to think about**

- **Tense?**

Part 3 – Food and society

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Part 3 – Food and society

- **What to think about**

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Part 3 – Food and society

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Part 3 – Food and society

- **What to think about**

- **Tense?**
- **Understanding the questions?**
- **Ideas & structure?**

Part 3 – Food and society

- **How important do you think it is for families to eat meals together?**

Very

Part 3 – Food and society

- **How important do you think it is for families to eat meals together?**

Part 3 – Food and society

- **What to think about**

- **Tense?**
- **Understanding the questions?**
- **Ideas & structure?**
- **How to start?**

Part 3 – Food and society

- **How important do you think it is for families to eat meals together?**

→ Very, I would say. Especially in the era when we are living in. The time when we cannot see our family members because of our busy life. Since the past, having meals together sitting around the dinner table has been considered as an important part of the day. It was the family united time sharing their days and passing on their family cultures and philosophy to their children. We learned a range of things we need to live our life from table manners to how to deal with difficult situation. However, nowadays, with our hectic schedule, it's hard to have this time over the meal with family. So I think we should make extra effort to maintain this culture.

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- have been considered as 명사: 명사로서 주어를 여겨오고 있다
- passing on A to B: A를 B에게 전하다, 전수하다
- a range of 명사 from A to B: A부터 B까지 많은 명사
- hectic: 정신 없이 바쁜
- make extra effort: 더 많은 노력을 하다

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Part 3 – Food and society

- What effects has modern technology had on the food we eat?

Part 3 – Food and society

- **What to think about**

- **Tense?**

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- **What to think about**

- **Tense?**
- **Understanding the questions?**
- **Ideas & structure?**

Part 3 – Food and society

- **What effects has modern technology had on the food we eat?**

Amount of food

Availability

Part 3 – Food and society

- **What effects has modern technology had on the food we eat?**

Part 3 – Food and society

- **What to think about**

- **Tense?**
- **Understanding the questions?**
- **Ideas & structure?**
- **How to start?**

Part 3 – Food and society

- What effects has modern technology had on the food we eat?

→ I think there has been numerous effects and changes on our food as technology developed. Among them, the most significant change is mass production of food. Compared to the past, with the development of genetic engineering, we have been able to manipulate the genes of vegetables and animals so that we can produce more of them. I mean, a lot more of them. I'm pretty sure that it has solved a great deal of starvation around the world. Also, it has allowed us to have all kinds of food regardless seasons. I mean, not like the past when we were limited to only seasonal food because of its restricted production system, now we are able to enjoy food all year round wherever and whenever you are. I think this is because of the developments in food engineering and transport systems.

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- numerous 복수명사: 많은 복수명사
- genetic engineering: 유전자공학
- manipulate: 조작하다
- a great deal of 셀 수 없는 명사: 많은 명사
- starvation: 기아
- allowed us to have: 우리가 가지도록 했다
- regardless 명사: 명사와 상관없이
- restricted: 제한된

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